

## SEXUAL HEALTH, REPRODUCTIVE HEALTH AND FAMILY PLANNING

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### PURPOSE OF

**THE TRAINING:** THE PURPOSE OF THE PROGRAM IS TO PROVIDE BASIC HEALTH INFORMATION FOR REPRODUCTIVE HEALTH, SEXUAL HEALTH AND FAMILY PLANNING TOPICS.

### PROCESS OF

**THE PROGRAM:** **COURSE DURATION :** THISTRAINING PROGRAM IS 10 HOURS INCLUDING 8 HOURS OF THEORETICAL, 2 HOURS OF CASE STUDIES.

**EXAM :** THOSE WHO SCORE 60 OR MORE OUT OF 100 POINTS WILL BE ENTITLED TO GET A CERTIFICATE AS A RESULT OF EXAM AT THE END OF THE PROGRAM

### WHEN THE PROGRAM IS COMPLETED THE PARTICIPANTS (ACQUISITIONS)

: AT THE END OF THIS TRAINING PROGRAM, PARTICIPANTS ARE EXPECTED TO HAVE ;

- ABILITY TO DEFINE REPRODUCTIVE HEALTH AND REPRODUCTIVE RIGHTS,
- ABILITY TO ARRANGE REPRODUCTIVE HEALTH SERVICES,
- ABILITY TO DEFINE CONCEPTS RELATED TO GENDER AND SEXUAL HEALTH,
- ABILITY TO EXPLAIN FAMILY PLANNING CONSULTANCY,
- ABILITY TO EXPLAIN THE METHODS OF FAMILY PLANNING AND CONTRACEPTION.

- CONTENT:**
- REPRODUCTIVE HEALTH CONCEPT
  - REPRODUCTIVE RIGHTS AND SEXUAL RIGHTS
  - INTERNATIONAL AND NATIONAL REGULATIONS FOR REPRODUCTIVE HEALTH
  - THE ROLE OF NURSES IN REPRODUCTIVE HEALTH SERVICES
  - SEXUALITY, SEXUALITY IN SOCIETY, SEXUALLY RELATED MISLEADING INFORMATION AND BELIEFS
  - FEMALE AND MALE REPRODUCTIVE ORGANS, OCCURENCE OF PREGNANCY
  - CARE BEFORE PREGNANCY, DURING PREGNANCY AND BIRTH
  - SAFE MOTHERHOOD
  - CURATTAGE, SAFE ABORTION
  - INTRODUCTION TO FAMILY PLANNING
  - CONTRACEPTION METHODS (MODERN METHODS)
  - CONTRACEPTION METHODS (TRADITIONSL METHODS)
  - CONTRACEPTION IN SPECIFIC CASES, EMERGENCY CONTRACEPTION
  - FAMILY PLANNING CONSULTANCY
  - THE IMPORTANCE OF FAMILY PLANNING IN TERMS OF SEXUALLY TRANSMITTED INFECTIONS
  - INFERTILITY AND CONSULTANCY