

## FIRST AID AND EMERGENCY PROGRAM BASIC AND ADVANCED LIFE SUPPORT CERTIFICATE PROGRAM

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**DAY1:** PARTICIPANT ARRIVE AND SETTLE IN THEIR PLACE

**DAY2:** OPENING, INTRODUCTION AND ORIENTATION OF THE PROGRAM  
INTRODUCTION AND PRE-TEST  
PRESENTATION OF COMMUNICATION TECHNIQUES  
DEFINITION OF FIRST AID, GOALS AND PRINCIPLES

**DAY3:** ADVANCED LIFE SUPPORT (THEORETICAL)  
ADVANCED LIFE SUPPORT (SCENARIOS AND AED USE)  
INJECTION APPLICATIONS (IM / IV)

**DAY4:** FIRST AID SKILLS / HEIMLICH MANEUVER  
RENTEK MANEUVER / COMA AND SHOCK POSITIONS  
BLEEDING CONTROL  
TRAUMA CASES AND SKILLS STATIONS  
AMBULANCE EQUIPMENTS AND APPLICATIONS IN USE

**DAY5:** AMBULANCE RALLY (PATIENT SIMULATION COMPETITION)

**DAY6:** EMERGENCY MEDICAL SERVICES IN TURKEY  
EVALUATION | DISCUSSION  
POST-TEST | CERTIFICATE PRESENTATION AND CLOSING