

## FACIAL REJUVENATION TRAINING PROGRAM

### DAY 1

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- 09:00-09:30 GENERAL OVERVIEW AND INTRODUCTION OF PROGRAM
- 09:30-10:00 OBJECTIVES OF THE PROGRAM
- 10:00-10:45 ANATOMY OF THE AGING FACE AND SKIN OVERVIEW OF THE MULTIDISCIPLINARY APPROACH FOR THE REJUVENATION OF THE AGING FACE
- 10:45-12:30 PANEL - MANAGEMENT OF SUN DAMAGE TO THE SKIN – I SUNSCREEN TYPES AND DIFFERENCES PREPARATION OF SKIN FOR RESURFACING PROCEDURES DERMABRASION  
PEELING TYPES AND INDICATIONS MESOTHERAPY AND COCKTAIL PREPARATIONS ROLLER APPLICATIONS (DRY/WET) REVIEW OF LAZER RESURFACING TECHNOLOGIES
- 12:30-13:30 **LUNCH**
- 13:30 - 15:00 PANEL -  
MANAGEMENT OF SUN DAMAGE TO THE SKIN – II REGENERATIVE MEDICINE IN FACIAL REJUVENATION FIBROBLAST INJECTIONS STEM CELL INJECTIONS PRP APPLICATION
- 15:00 - 18:30 LIVE DEMONSTRATIONS: GLYCOLIC ACID PEELING  
TCA PEELING,  
MESOTHERAPY  
ROLLER  
PRP  
FRACTIONAL CO2 LAZER  
FIBROBLAST INJECTION  
PRACTICAL DEMONSTRATION OF THE DERMAL FILLERS PROCEDURE  
PARTICIPANTS OBSERVATION WITH THE DERMAL FILLERS  
PROCEDURE TECHNIQUE NASOLABIAL FOLDS, ORAL COMMISSURES,  
LIPS AND PERI-ORAL AREAS:

## DAY 2

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**09:30 – 11:00 PANEL: MANAGEMENT OF MIMIC LINE DEFORMITIES**

REVIEW OF BOTULINUM TOXIN PRODUCTS AND THEIR DIFFERENCES

ANATOMY OF MIMIC MUSCLES OF THE FACE

BOTULINUM TOXIN INDICATIONS AND LIMITATIONS

BOTULINUM TOXIN APPLICATION SITES

COMPLEMENTARY PROCEDURES IN MANAGEMENT OF MIMIC LINES

**11:00 – 11:30 COFFEE BREAK**

**11:30 – 13:00 LIVE DEMONSTRATIONS:**

BOTOX AND DYSPORT DILUTION

FRONTALIS LINES

CORRUGATOR AND PROCRERIUS BLOCKADE

EYEBROW SHAPING WITH OR WITHOUT CROW'S FEET MANAGEMENT

PERIORAL WRINKLES

PLATYSMA APPLICATIONS

**13:00 –13:30 LUNCH**

**13:30 –16:00 PANEL: MANAGEMENT OF FACIAL SKIN LAXITY**

EVALUATION OF SKIN LAXITY FOR AN ALGORITHMIC APPROACH

LAZER TECHNOLOGIES FOR SKIN TIGHTENING

RADIOFREQUENCY TECHNOLOGIES SKIN TIGHTENING

ULTRASOUND TECHNOLOGIES FOR SKIN TIGHTENING

THREAD LIFTS

SURGICAL LIFTING

**16:00–6:30 COFFEE BREAK**

**16:30-18:30 LIVE DEMONSTRATIONS:**

THERMAJE APPLICATION

ULTHERA APPLICATION

SILHOUETTE THREAD LIFTING

**DAY 3**

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**09:30–11:00 PANEL : MANAGEMENT OF FACIAL SOFT TISSUE LOSS**

**FILLER TYPES AND DIFFERENCES**

**FILLER INDICATIONS**

**COLLAGEN STIMULATORS**

**LIP AND CHEEK IMPLANTS**

**FAT INJECTION INDICATIONS AND TECHNIQUES**

**STEM CELL COMBINATION TO FAT INJECTIONS**

**11:00–11:30 COFFEE BREAK**

**11:30–13:00 LIVE DEMONSTRATION:**

**FILLER INJECTION TO CHEEKS AND NASOLABIAL FOLDS**

**FILLER INJECTION TO LIPS AND MARIONETTE LINES**

**FILLER INJECTIONS FOR CHIN CONTOUR**

**NASAL FILLER INJECTIONS**

**13:00 – 13:30 LUNCH**

**13:30 – 16:00 LIVE DEMONSTRATIONS: CONTINUATION TO FILLER INJECTIONS**

**16:00 – 17:00 COURSE EVALUATION**