

BASIC FIRST AID

PURPOSE OF

THE TRAINING: THE PURPOSE OF THE PROGRAM IS TO TEACH TEMPORARY HEALTH CARE AND DRUG-FREE APPLICATIONS WITH AVAILABLE TOOLS IN THE SCENE OF ACCIDENT TO SAVE THE LIFE OF AN INJURED PERSON OR PREVENT HIS/HER CONDITION FROM WORSENING IN ANY LIFE-THREATENING CASE UNTIL THE MEDICAL ASSISTANCE OF PARAMEDICS ARRIVES.

PROCESS OF

THE PROGRAM: **COURSE DURATION :** THIS COURSE PROGRAM IS 16 HOURS.

EXAM : THOSE WHO SCORE 60 OR MORE OUT OF 100 POINTS WILL BE ENTITLED TO GET A CERTIFICATE AS A RESULT OF EXAM AT THE END OF THE PROGRAM

WHEN THE PROGRAM IS COMPLETED THE

**PARTICIPANTS
(ACQUISITIONS)** : AT THE END OF THIS TRAINING PROGRAM, PARTICIPANTS ARE EXPECTED TO HAVE ;

- ABILITY TO DEFINE FIRST AID CONCEPT AND ITS PRIMARY PURPOSES
- ABILITY TO DISCUSS ESSENTIAL PRINCIPLES OF BASIC FIRST AID
- ABILITY TO EXPLAIN COMA AND SHOCK POSITIONS
- ABILITY TO PROVIDE BASIC LIFE SUPPORT FOR INFANTS, CHILDREN AND ADULTS
- ABILITY TO PERFORM BASIC FIRST AID APPLICATIONS
- ABILITY TO SUMMARIZE GENERAL RULES OF HANDLING AND INJURED PERSON
- ABILITY TO BE SENSITIVE TO THE CONDITIONS REQUIRING FIRST AID

- CONTENT:**
- BASIC CONCEPTS OF FIRST AID
 - HUMAN BODY AND VITAL FINDINGS
 - FIRST AID FOR BLEEDINGS
 - FIRST AID FOR SHOCK
 - FIRST AID FOR IMPAIRED CONSCIOUSNESS
 - FIRST AID FOR INJURIES AND TRAUMAS
 - FIRST AID FOR FRACTURE, DISLOCATION, SPRAINS AND CRAMPS
 - FIRST AID FOR BURNS AND FROSBITES
 - FIRST AID FOR ELECTRIC SHOCK, HEATSTROKE AND SUNSTROKE
 - FIRST AID FOR POISONINGS
 - FIRST AID FOR RESPIRATORY FAILURE AND DROWNING
 - FIRST AID FOR ANIMAL BITES AND STINGS
 - GENERAL RULES FOR HANDLING THE PATIENTS AND THE INJURED